



OFFICIAL PUBLIC STATEMENT

The Abenaki Band Council of Odanak wishes to publicly declare that the Abenaki community of Odanak does not tolerate domestic violence in any form.

Domestic violence can be psychological, verbal, economic, physical, sexual, it can also manifest itself in more than one form at a time and it has no boundaries, meaning that it can be present in all types of relationships.

If you are a resident of the Odanak community and are a victim, a witness or have experienced violent behaviour towards your partner, do not hesitate to contact our first responders at any time and in a confidentially. You can reach **Danielle Lamirande, social worker at the Odanak Health Centre**, by dialing **(450) 561-4709**. She will make sure to guide you through the process by referring you to the appropriate resources. You can also contact an officer of the **Abenaki Police Force** by dialing **9-1-1** and asking to be transferred directly to the police station.

WHAT IF I AM A VICTIM?

If you need immediate assistance, call **9-1-1**.

If you need support, a listening ear or advice on what to do, contact **SOS Violence conjugale** at **1-800-363-9010**. This helpline is confidential, bilingual and operates 24 hours a day, 7 days a week.

WHAT IF I AM A WITNESS?

If you need immediate assistance, call **9-1-1**.

If you have witnessed disturbing events and you do not know what to do, contact **SOS violence conjugale** at **1-800-363 9010** at any time. Resource people will be able to help you understand what is going on.

WHAT TO DO IF YOU HAVE BEEN ABUSIVE TO YOUR PARTNER?

If you need to talk to someone or if you have questions or doubts about something you did to your partner, contact the organization **À cœur d'homme** at **1-877-660 7799**. Counsellors will be able to listen to you and answer all your questions.

OTHER ASSISTANCE AND RESOURCES

- N8wkika (First Nations Children and Family Services) – In case of familial domestic violence, contact Nancy Carignan, Clinical Coordinator: 1-855-494-1686
- Sexual Assault and Sexual Exploitation Resource Line: 1-888-933 9007
- Crime Victims Assistance Centre (CAVAC): 1-866-532 2822
- Tel-Jeunes: 1-800-263 2266